

**Normative Analysis
 Relative Strength**

**Figure 3
 Average Relative Isometric Torque: Male 36 - 59 Years Lumbar Extension**

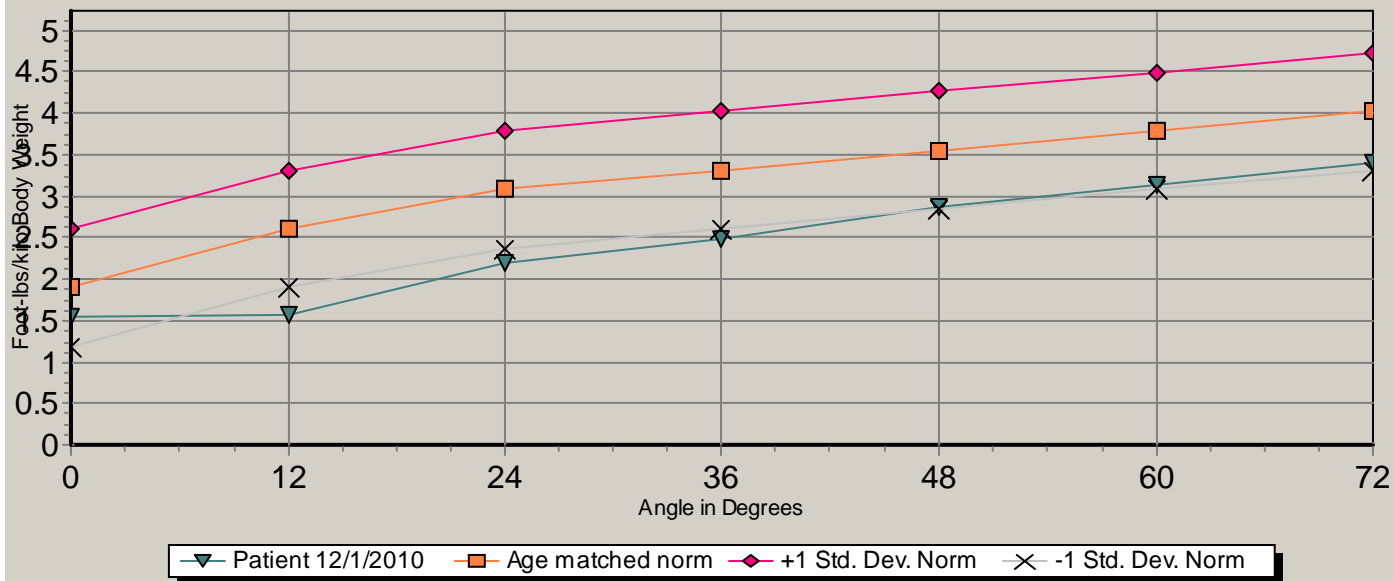


Table 3

Degrees:	0	12	24	36	48	60	72				12/1/2010	4:35 PM	Lumbar Extension
Ft-Lbs/Lb Body Weight	1.55	1.57	2.18	2.49	2.88	3.14	3.40				dyn		
Ft-Lbs/Lb Body Weight	1.89	2.60	3.08	3.31	3.55	3.79	4.02				Norm: Male 36 - 59 Years Lumbar Extension		